

OUR WHOLE LIVES PROGRAM OUTLINE 2008 - 2009

DATE	SESSION
	UNIT 1 – GROUP BUILDING AND EXAMINING VALUES
9/14	Introduction to the Program
9/21	Examining Values
	UNIT 2 – SEXUALITY AND BODY AWARENESS
9/28	Sexual Language
10/5	Youth Retreat – NO OWL CLASS
10/12	Anatomy & Physiology (SLIDES) / Personal Concerns About Puberty Double Session – 11 a.m. to 2:30 p.m. (lunch provided)
	UNIT 3 – GENDER AND DIVERSITY
10/19	Understanding Gender Roles – Diversity Issues
	UNIT 4 – SEXUAL ORIENTATION AND GENDER IDENTITY
10/26	Sexual Orientation
11/2	Visit: Pride For Youth (date tentative)
11/9	Gender Identity
	UNIT 5 – RELATIONSHIPS
11/16	Introduction to Relationships
12/7	Relationship Skills
12/14	Friendship Issues/Dating and Lifetime Commitments Double Session – 11 a.m. to 2:30 p.m. (lunch provided)
	UNIT 6 – LOVEMAKING
1/11	Lovemaking is more than Sex – Lovemaking SLIDES
1/18	Masturbation and Other Sexual Behaviors – Masturbation SLIDES

DATE	SESSION
	UNIT 7 – PREPARING FOR PARENTHOOD
1/25	Conception, Pregnancy and Birth – FILM SHOWN
2/1	Teenage Pregnancy
	UNIT 8 – RESPONSIBLE SEXUAL BEHAVIOR
2/8	Defining/Redefining Abstinence
3/1	Contraception - Planned Parenthood speaker (date tentative)
3/8	Unintended Pregnancy Options
3/15	Sexual Decisions
	UNIT 9 – SEXUALLY TRANSMITTED INFECTIONS (STI's)
3/22	STI Facts/ STI Prevention Double Session – 11 a.m. to 2:30 p.m. (lunch provided)
3/29	CLASS ATTENDS YOUTH SERVICE
	UNIT 10 – ABUSE OF SEXUALITY
4/5	Recovering From Sexual Abuse
4/26	Sexual Harassment, Acquaintance Rape
	UNIT 11 - CONCLUSION
5/3	Celebration & Closure
5/10	Transition Sunday
5/17	Bridging Sunday